MENU WEEK 1

SERVED W/C: 9th Nov | 30th Nov | 21st Dec | 11th Jan | 1st Feb | 22nd Feb | 15th Mar | 5th Apr

Innovate IFG

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1	Penne pasta with house tomato sauce	5 bean chilli with Mexican rice	Roast Quorn fillet with roast potatoes & gravy	Baked creamy mac 'n' cheese	Vegetable sausages, chips & tomato ketchup
Main Meal OPTION 2	Halal mild chilli beef & bean macaroni cheese	Halal chicken fajita with Mexican rice	Halal roast chicken breast with roast potatoes & gravy	Halal creamy chicken, spinach & pesto pasta	Halal fish fingers, chips & tomato ketchup
Veggies	Green beans & sweetcorn	Broccoli	Broccoli & roasted carrots	Rainbow vegetables	Baked beans
Filled Rolls		Cheese or Tuna mayo		Cheese or Tuna mayo	
Sweet Treats	Chocolate shortbread	Fruit crumble & custard	Orange jelly & mandarins	Sliced fruit selection	Raspberry jelly

Available Every Day –

Crunchy Colourful Salad Bar & Homemade Bread
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt

KEY

Wholegrain | Vegetarian | Nutritionist's Choice | Vegan

MENU WEEK 2

SERVED W/C: 16th Nov | 7th Dec | 28th Dec | 18th Jan | 8th Feb | 1st Mar | 22nd Mar

Innovate IFG

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1	Margherita pizza & oven baked wedges	Vegetable sausages & mashed potatoes with gravy	Roast Quorn fillet with roast potatoes & gravy	Penne pasta with house tomato sauce	Vegetable sausages, chips & tomato ketchup
Main Meal OPTION 2	Halal sweet chilli salmon melt & oven baked wedges	Halal chicken sausages (in a beef casing) with mashed potatoes & gravy	Halal roast chicken breast with roast potatoes & gravy	Halal chicken & sweet potato katsu with rice	Halal fish & chips with tomato ketchup
Veggies	Peas	Rainbow vegetables	Broccoli & roasted carrots	Crudites and salad bar selection	Peas
Filled Rolls		Cheese or Tuna mayo		Cheese or Tuna mayo	
Sweet Treats	Watermelon wedge	Apple pie with custard	Raspberry jelly & mandarins	Sliced fruit selection	Carrot cake shortbread

Available Every Day –

Crunchy Colourful Salad Bar & Homemade Bread
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt

KEY

Wholegrain | Vegetarian | Nutritionist's Choice | Vegan

MENU WEEK 3

SERVED W/C: 2nd Nov | 23rd Nov | 14th Dec | 4th Jan | 25th Jan | 15th Feb | 8th Mar | 29th Mar

Innovate IFG

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1	Margherita pizza & oven baked wedges	Cheesy leek mac 'n' cheese	Roast Quorn fillet with roast potatoes & gravy	Vegetable & chickpea stir fry carrot rice	Vegetable sausages, chips & tomato ketchup
Main Meal OPTION 2	Halal Cajun chicken pizza & oven baked wedges	Halal beef & lentil bolognaise with penne pasta	Halal roast chicken breast, roast potatoes & gravy	Halal tomato & herb chicken with rice	Halal fish fingers, chips & tomato ketchup
Veggies	Green beans & sweetcorn	Peas & carrots	Broccoli & roasted carrots	Tomato, cucumber & carrot salad	Baked beans
Filled Rolls		Cheese or Tuna mayo		Cheese or Tuna mayo	
Sweet Treats	Watermelon wedge	Oaty apple crumble & custard	Orange jelly & mandarins	Chocolate orange brownie	Lemon shortbread

Available Every Day –

Crunchy Colourful Salad Bar & Homemade Bread
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt

KEY

Wholegrain | Vegetarian | Nutritionist's Choice | Vegan